

HLRC Gym Schedule

December 2025

HLRC Will be closed December 25 & December 31

Basketball	
Open Gym Times	
Monday	12 pm–9 pm
Tuesday	Women's Basketball 5 pm–9 pm
Wednesday	12 pm–9 pm
Thursday	12 pm–9 pm
Friday	12 pm–5 pm
Saturday	Jr Jazz (except Nov 29)
Sunday	12 pm–3 pm

Drop-In Pickleball	
Open Gym Times	
Monday	5:30 am–12 pm
Tuesday	5:30 am–12 pm
Wednesday	5:30 am–12 pm
Thursday	5:30 am–12 pm
Friday	5:30 am–12 pm
Sunday	9 am–12 pm

CLOSED GYM TIMES	
<i>The following times are CLOSED for youth sports, leagues and special events.</i>	
Tuesdays, 5–9 pm	Women's basketball league
December 5, 5:30 PM to 7:30 PM	Utah Mammoth Youth Street Hockey Clinic
December 11 5-7 PM	Try-it Volleyball
December 18 5-7 PM	Try-it Basketball
Saturdays (Except Dec 27th)	Junior Jazz

My County Rec Activities	
<i>My County Rec Activities located in party room</i>	
Craft Nights	Tuesday's 4:30 to 6:00 PM

Gym Schedule subject to change.
Please contact the front desk for updates.



Holladay Lions Rec Center
1661 E. Murray Holladay Rd.
SLC, Utah 84117
(385) 468-1700