

HLRC Gym Schedule

January 2026

HLRC closed January 1st & 19th

Basketball	
Open Gym Times	
Monday	1pm-5pm
Tuesday	1 pm–5 pm
Wednesday	1 pm–5 pm
Thursday	1 pm–5 pm
Friday	1 pm–4 pm
Saturday	Closed
Sunday	12 pm–3 pm

Drop-In Pickleball	
Open Gym Times	
Monday	5:30 am–12 pm
Tuesday	5:30 am–12 pm
Wednesday	5:30 am–12 pm
Thursday	5:30 am–12 pm
Friday	5:30 am–12 pm
Sunday	9 am–12 pm

CLOSED GYM TIMES	
<i>The following times are CLOSED for youth sports, leagues and special events.</i>	
Tuesday & Wednesday 5–9 pm	Women's basketball league
January 3 8 am–12 pm	Utah Mammoth Street Hocke clinic
Saturday's Except January 3	Junior Jazz
Monday, Thursday, & Fridays 5–9 pm	Junior Jazz Practice

My County Rec Activities	
<i>My County Rec Activities located in party room</i>	
<i>Craft Nights</i>	Tuesdays 4:30–6 pm

Gym Schedule subject to change.
Please contact the front desk for updates.



Holladay Lions Rec Center

1661 E. Murray Holladay Rd.
SLC, Utah 84117
(385) 468-1700