

Summer Lap Lane Availability

June 2025

Monday

Time	# Open Lanes
5:30 am–9am	3
9 am–12 pm	0
12 pm– 8 pm	3

Tuesday

Time	# Open Lanes
5:30 am–8:30 am	3
8:30 am–12:45 pm	0
12:45 pm–4 pm	3
4 pm–7 pm	3
7 pm–8 pm	0

Wednesday

Time	# Open Lanes
5:30 am–9am	3
9 am–12 pm	0
12 pm– 8 pm	3

Thursday

Time	# Open Lanes
5:30 am–8:30 am	3
8:30 am–12:45 pm	0
12:45 pm–4 pm	3
4 pm–7 pm	3
7 pm–8 pm	0

Friday

Time	# Open Lanes
5:30 am–9:15 am	3
9:15 am–11:45 am	1
12 pm–7:30 pm	3

Saturday

Time	# Open Lanes
7 am–8:30 am	3
8:30 am–12 pm	0
12 pm–3 pm	3
3 pm–5:30 pm	3

Sunday

Time	# Open Lanes
9 am–2:30 pm	3

Lane availability subject to change. Contact front desk or check website for updates and event closures.



Holladay Lions Rec Center

1661 E Murray Holladay Rd.
Salt Lake City, Utah 84117