

HLRC Gym Schedule

July 2025

Leagues & Youth Sports	
-CLOSED- Gym Times	
Women's Basketball League	Tuesdays 5-9pm (beginning July 22)

Basketball	
Open Gym Times	
Monday	12pm - 9pm
Tuesday	12pm - 5pm <u>Starting June 17</u> 12pm - 9pm
Wednesday	12pm - 9pm
Thursday	12pm - 9pm (CLOSED June 19)
Friday	12pm - 8pm
Saturday	All day
Sunday	12pm - 3pm

Drop-In Pickleball	
Open Gym Times	
Monday	5:30am - 12pm
Tuesday	5:30am - 12pm
Wednesday	5:30am - 12pm
Thursday	5:30am - 12pm
Friday	5:30am - 12pm
Saturday	None
Sunday	9am - 12pm

MCRP Activities	
-CLOSED- Gym Times	
Open Net Youth Volleyball	Mondays 12-2pm (beginning July 14)
Open Youth Pickleball	Weds 12-2pm (beginning July 9)
Youth Basketball Clinic (Sign up online)	Saturdays July 19 & 26 10am-12pm



Holladay Lions Rec Center

1661 E. Murray Holladay Rd.

SLC, Utah 84117

(385) 468-1700

Gym Schedule subject to change.
Please contact the front desk for updates.