

HLRC Gym Schedule

August 2025

The GYM will be **CLOSED**
July 31-Aug 1 & Aug 4-15

Leagues & Youth Sports	
-CLOSED- Gym Times	
Women's basketball league	Tuesdays 5-9 pm
Youth basketball practice	M,W, Th 5-9 pm
Youth volleyball practice	Fridays 4-8 pm
Youth basketball & volleyball games	Saturdays Aug 23 & 30 All day

MCRP Activities	
-CLOSED- Gym Times	
Youth Basketball Clinic (Sign up online)	Saturday, Aug 2 10 am-12 pm

Basketball	
Open Gym Times	
Monday	12 pm-9 pm
Tuesday	12 pm-5 pm
Wednesday	12 pm-9 pm
Thursday	12 pm-9 pm
Friday	12 pm-5 pm
Saturday	All day Aug 2 & 16
Sunday	12 pm-3 pm

Drop-In Pickleball	
Open Gym Times	
Monday	5:30 am-12 pm
Tuesday	5:30 am-12 pm
Wednesday	5:30 am-12 pm
Thursday	5:30 am-12 pm
Friday	5:30 am-12 pm
Saturday	None
Sunday	9 am-12 pm

 **SALT LAKE
COUNTY**
PARKS & RECREATION

Holladay Lions Rec Center
1661 E. Murray Holladay Rd.
SLC, Utah 84117
(385) 468-1700

Gym Schedule subject to change.
Please contact the front desk for updates.