

HLRC Gym Schedule

October 2025

HLRC will close at 5 pm October 31

Basketball	
Open Gym Times	
Monday	12 pm–9 pm
Tuesday	12 pm–5 pm
Wednesday	12 pm–9 pm
Thursday	12 pm–9 pm
Friday	12 pm–5 pm
Saturday	All Day (except Oct 4)
Sunday	12 pm–3 pm

Drop-In Pickleball	
Open Gym Times	
Monday	5:30 am–12 pm
Tuesday	5:30 am–12 pm
Wednesday	5:30 am–12 pm
Thursday	5:30 am–12 pm
Friday	5:30 am–12 pm
Saturday	No Open Gym
Sunday	9 am–12 pm

CLOSED GYM TIMES	
<i>The following times are CLOSED for youth sports, leagues and special events.</i>	
Tuesdays, 5–9 pm	Women's basketball league
Oct 1 & 2, 5–9 pm	Youth basketball practice
Oct 3, 4–8 pm	Youth volleyball practice
Oct 24, 12-8pm	Halloween Carnival
Oct 8 & 29, 3–6pm	MCRP Open Volleyball

Gym Schedule subject to change.
Please contact the front desk for updates.



Holladay Lions Rec Center

1661 E. Murray Holladay Rd.
SLC, Utah 84117
(385) 468-1700