

MILESTONE PROGRAM

Summary

Our Mission

The Milestone Transitional Living Program's mission is to provide safe housing, supportive services, and a pathway to self-sufficiency for young adults ages 18–21 who are experiencing homelessness. By stabilizing housing, fostering employment, building life skills, and connecting young people with lasting community resources, Milestone works to make homelessness rare, brief, and non-recurring.

More than 100 youth age out of foster care in Utah every year, often with no stable place to call home. Milestone steps in to bridge that gap, offering not just a roof, but a foundation for the future.

Housing Locations

Milestone currently operates five housing sites across the Salt Lake Valley, providing a total capacity of up to 36 young adults at a time:

- Three homes in Sandy, UT
- One 4-plex in West Valley City, UT
- One 8-unit building in Millcreek, UT

Services & Support

Milestone offers a comprehensive, wraparound model of care designed to address the full spectrum of a young adult's needs:

- Safe, stable housing in a structured, supportive environment
- Employment stabilization: job readiness, placement support, and career development
- Life skills development, including financial literacy, communication, and independent living
- Connection to ongoing community resources and support networks
- Case management, therapeutic support, and on-site program staff
- Live-in house managers to provide mentoring, support, and skill building

Program Outcomes (2025)

Milestone is proud to report exceptional outcomes for the program participants in 2025:

- 60 young adults served throughout the year
- 97% positive exit rate: 29 of 30 young adults who exited the program did so housed and either employed or enrolled in school
- 87% long-term housing retention: of those who exited positively, 87% did not return to homelessness 24 months after exit, as measured by re-entry into the Utah Homeless Management Information System (HMIS)

These outcomes reflect the deep impact of Milestone's model and the dedication of its staff, partners, and community support.

Milestone History

From a single home housing five young adults to a multi-site program serving up to 36 young adults at a time, Milestone's growth reflects nearly two decades of dedication, community investment, and expanding impact.

2009	Good Shepherd partners with Mentor Project and opens with 1 home, housing 5 young adults experiencing homelessness.
2012	Salt Lake County Youth Services secures a Federal Youth Services Bureau Transitional Living Program grant and partners with Good Shepherd Lutheran Church and Housing Connect to provide services and operational costs for 11 young adults.
2015	Good Shepherd Lutheran Church partners with the Sandy City Council to renovate an additional home, which is master leased to Salt Lake County Youth Services, increasing capacity to house a total of 14 young adults experiencing homelessness.
2020	Good Shepherd Lutheran Church renovates a third home, adding 4 beds and a dedicated case manager's office space, increasing capacity to house 18 young adults community-wide. Milestone is recognized with an Achievement Award from the National Association of Counties (NACo).
2024	Salt Lake City Rotary, in partnership with Salt Lake County Youth Services, secured a \$2.9 million grant from the Utah Office of Homeless Services to acquire an 8-unit building providing 18 beds, a live-in house manager's apartment, and dedicated staff offices. Milestone further expanded its impact through partnerships with Good Shepherd Lutheran Church and HomeAid Utah, renovating a Sandy Milestone home featured in the Salt Lake Parade of Homes.
2026	Salt Lake County Youth Services, Good Shepherd Lutheran Church, and HomeAid Utah partner to renovate an existing Sandy home, elevating the living environment to reflect trauma-informed design principles. This home is proudly featured in the Salt Lake Parade of Homes, a testament to what community partnership can build.

Together, we are making homelessness among young adults rare, brief, and non-recurring.

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