

Riverton Senior Center May 2025

“Sharing Knowledge”

AARP Presents: Smart Driver Course

When: May 15th from
9:30am-3:00pm

***Registration is
required.**

**AARP Member Cost: \$20
Non-Member Cost: \$25**

- Refresh your driving skills and knowledge of the rules of the road.
- Learn techniques for handling left turns, right-of-way and roundabouts.
- Discover proven methods to help keep you and your loved ones safe on the road.

Healing Conversations

Join Jennifer LCSW, for a lively, interactive discussion of how to improve communication, set boundaries, and other mental health topics every second
Thursday at 1:00 pm.

Gardening Club

April-October
First Tuesday of the month at
10:00am

Vital Aging en español: Manejo de Ansiedad

Martes, 27 de mayo
10:00 am

Live Music

Heart & Soul, @ 11:30am
Friday, May 16th

Travel Logs with Reece Stein

Join Reece Stein as he
discusses his recent trip to
Cuba.



**LULA DEAN'S
LITTLE
LIBRARY
of BANNED
BOOKS**
KIRSTEN MILLER
owner of the library

June Book Club

*Lula Dean's Little
Library of Banned
Books*

By Kirsten Miller



CENTER INFORMATION

12914 South Redwood Rd.
Riverton, Utah 84065
Phone: 385-468-3040
Open: 7:00^{am} - 4:00^{pm}
Monday-Friday

MORNING COFFEE

Available mornings from
8:00^{am} - 10:00^{am}
Suggested donation .50¢

DINING ROOM LUNCH

Monday- Friday from
11:30^{am} - 12:15^{pm}

SUGGESTED DONATION

\$4.00 for 60+
Under age 60 cost is \$8.00

FREE TRANSPORTATION

Serving Riverton, Herriman
& Bluffdale

CENTER STAFF

Manager - Travis Woods
gwoods@saltlakecounty.gov
CPC - Hannah Ruth-Pond
OS - Debbie Otteson

[https://www.saltlakecounty.gov/
aging-adult-services/community/
senior-centers/riverton/](https://www.saltlakecounty.gov/aging-adult-services/community/senior-centers/riverton/)

SL SALT LAKE
COUNTY
AGING & ADULT SERVICES

Call 385-468-3040 to Register

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
	  		9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving 1:00 Book Club	8:00 Clogging 9:00 Lapidary 9:45 Bingo* 11:00 Arthritis Exercise 12:00 Pottery* 12:30 Bunco* 2:00 Chair Yoga
5	6	7	8	9
9:00 Yoga 9:00 Lapidary Cert 9:30 Living Well w/ Diabetes 9:30 Star Wars IV: A New Hope 10:00 ESL 10:30 Family Tree 12:30 Star Wars IV: A New Hope 1:00 Line Dancing 1:00 EnhanceFitness 1:00 Beginning Spanish 2:00 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 10:00 Gardening Club* 11:30 Chair Yoga 12:30 Ceramics 12:30 Canasta	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 10:00 Tai Chi 10:00 Glee Club 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Healing Conv. 1:00 Wood Carving	8:00 Clogging 9:00 Lapidary 9:00 Zumba 9:45 Bingo* 11:00 Arthritis Exercise 12:00 Pottery* 12:30 Bunco* 12:30 Mike Rose: Everett Ruess 1:00 EnhanceFitness 2:00 Chair Yoga
12	13	14	15	16
9:00 Yoga 9:00 Lapidary Cert 9:30 Living Well w/ Diabetes 9:30 Star Wars V: The Empire Strikes Back 10:00 ESL 10:30 Family Tree 12:30 Star Wars V: The Empire Strikes Back 1:00 Line Dancing 1:00 EnhanceFitness 1:00 Beginning Spanish 2:00 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 10:00 Vital Aging: Radical Acceptance 10:30 Coin Collecting 11:30 Chair Yoga 12:30 Ceramics 12:30 Canasta	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 10:00 Tai Chi 10:00 Glee Club 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:00 Caregiver Support 9:30 Harmonica 9:30 Knit/Crochet 9:30 AARP Safe Driving 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving	8:00 Clogging 9:00 Lapidary 9:00 Zumba 9:45 Bingo* 11:00 Arthritis Exercise 11:30 J Heart & Soul J 12:00 Pottery* 12:30 Bunco* 1:00 EnhanceFitness 2:00 Chair Yoga
19	20	21	22	23
9:00 Yoga 9:00 Lapidary Cert 9:30 Living Well w/ Diabetes 9:30 Star Wars VI: Return of the Jedi 10:00 ESL 10:30 Family Tree 12:30 Star Wars VI: Return of the Jedi 1:00 Line Dancing 1:00 EnhanceFitness 1:00 Beginning Spanish 2:00 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 10:30 Travel Logs with Reece Stein: Cuba 11:30 Chair Yoga 12:30 Canasta 12:30 Ceramics 1:00 U of U Exercise	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 10:00 Tai Chi 10:00 Glee Club 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:00 Safe Driving 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving 1:00 U of U Exercise	8:00 Clogging 9:00 Lapidary 9:00 Zumba 9:45 Bingo* 11:00 Arthritis Exercise 11:00 American Legion: Memorial Day Program 12:00 Pottery* 12:30 Bunco* 1:00 EnhanceFitness 2:00 Chair Yoga
26	27	28	29	30
	9:30 Knit/Crochet 10:00 Senior Ballet 10:00 Vital Aging: Manejo de Ansiedad 11:30 Chair Yoga 12:30 Canasta 12:30 Ceramics 1:00 U of U Exercise	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 10:00 Glee Club 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness 2:30 Bonus Bingo	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:00 Safe Driving 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving 1:00 U of U Exercise	8:00 Clogging 9:00 Lapidary 9:00 Zumba 9:45 Bingo* 11:00 Arthritis Exercise 12:00 Pottery* 12:30 Bunco* 1:00 EnhanceFitness 2:00 Chair Yoga
* Funded by the Advisory Committee				