

River's Bend SENIOR CENTER

May, 2025



HIGHLIGHTED COURSES

This Month's Activities - Provided by the Advisory Committee

1. **Piñata** • Monday, May 5th at 10:45 am • Take a wack at the piñata for your chance to win some candy.
2. **Mother's Day Tea** • Tuesday, May 13th at 12:30 pm • Calling all mothers - Come sip some tea and enjoy a goodie to celebrate you being a mother.
3. **BBQ Cookout** • Friday, May 23rd with Entertainment at 10:45 am • Kick off summer with a hamburger or hot dog. RSVP at the front desk for lunch by Friday, May 16th.

Walk with Ease (WWE)

Walk with Ease (WWE) May 19 - June 30th. This class is held at Northwest Recreation Center in their fish tank. Space is limited, so registration is required. Register today by calling (385) 468-3015 or in person.

Announcements

Donations

Do you know that we accept a variety of donations? We accept class supply donations, bingo prizes, books, puzzles, quilting, and much more. Used clothing donations are not accepted.

Spanish I Teacher Needed

River's Bend Senior Center is looking for a volunteer who is interested in teaching Spanish I. This class is held on Fridays, however, we can be open for other dates. If you're interested please give us a call at (385) 468-3015

Upcoming in June

Birthday Tuesday • June 3rd with entertainment
Father's Day Banana Splits • June 13th

CENTER INFORMATION

Monday - Friday; 7:00 AM - 4:00 PM

(385)468-3015
1300 W 300 N SLC, UT 84116
<https://slco.org/rivers-bend-northwest/>
Lunch 11:30 - 12:15 pm
60+ suggested \$4 donation
Under 60 is \$7

Manager: Chase Amos
Programs: Allie Lorang
Programs Assistant: Agustin Celi
Office: Kathy Platt
Kitchen: Stella Gallegos
Driver: Frankee Thomas
Custodian: Jinette Christensen


**SALT LAKE
COUNTY**
AGING & ADULT
SERVICES

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			9:30 Get U Fit 10:30 Tai Chi • Ray J 12:30 Quilting	9:00 Computers 9:30 Enhance Fitness 9:30 ESL 10:30 Spanish 1 12:00 Image Bingo
5 Piñata	6 Birthday Tuesday	7	8	9
9:00 Computers 9:30 Enhance Fitness 10:30 Spanish 2 10:45 Piñata 12:30 Bingo 	9:30 Get U Fit 10:30 Writing Class: <i>Telling Your Story</i> 10:45 Entertainment: B.D. Howes 12:30 Quilting 12:30 AC Meeting	9:00 Story Time 9:00 Computers 9:30 Enhance Fitness 10:30 Spanish Lab 10:30 ESL 12:15 Water Painting 12:30 Bingo	9:30 Get U Fit 10:30 Tai Chi • Ray J 12:30 Quilting	9:00 Computers 9:30 Enhance Fitness 9:30 ESL 10:30 Spanish 1 12:00 Image Bingo
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Looking for volunteers to read books to Northwest childcare kids for story time. Interested see Chase or Allie. </div> 				
12	13 Tea Party	14	15	16
9:00 Computers 9:30 Enhance Fitness 10:30 Spanish 2 12:30 Bingo	9:30 Get U Fit 10:30 Writing Class: <i>Telling Your Story</i> 12:30 Quilting 12:30 Mother's Day Tea 	9:00 Computers 9:30 Enhance Fitness 10:30 Spanish Lab 10:30 ESL 12:15 Water Painting	9:30 Get U Fit 10:30 Tai Chi • Ray J 12:30 Quilting	9:00 Computers 9:30 Enhance Fitness 9:30 ESL 10:30 Spanish 1 <div style="border: 1px solid green; border-radius: 10px; padding: 5px; text-align: center; margin-top: 10px;"> 1:00 BONUS BINGO </div>
19	20	21	22	23 BBQ Cookout
9:00 Computers 9:30 Enhance Fitness 10:00 Walk with Ease Start 10:30 Spanish 2 12:30 Bingo	9:30 Get U Fit 10:30 Writing Class: <i>Telling Your Story</i> 12:30 Quilting	9:00 Story Time 9:00 Computers 9:30 Enhance Fitness 10:00 Walk with Ease 10:30 Spanish Lab 10:30 ESL 12:15 Water Painting 12:30 Bingo	9:30 Get U Fit 10:30 Tai Chi • Ray J 12:30 Quilting	9:00 Computers 9:30 Enhance Fitness 9:30 ESL 10:00 Walk with Ease 10:30 Spanish 1 10:45 Entertainment: Jen Floor 12:30 Chair Volleyball
26	27	28	29	30
CLOSED  HAPPY MEMORIAL DAY <small>REMEMBER AND HONOR</small>	9:30 Get U Fit 10:30 Writing Class: <i>Telling Your Story</i> 12:30 Quilting	9:00 Computers 9:30 Enhance Fitness 10:00 Walk with Ease 10:30 Spanish Lab 10:30 ESL 12:15 Water Painting 12:30 Bingo	9:30 Get U Fit 10:30 Tai Chi • Ray J 12:30 Quilting	9:00 Computers 9:30 Enhance Fitness 9:30 ESL 10:00 Walk with Ease 10:30 Spanish 1