



Caregiver Talking Points

Join us for one-hour Caregiver Talking Point webinars that assist family and non-professional caregivers to more easily manage and navigate care. Learn new skills. Enjoy peer discussions.

2026 Caregiver Talking Point Discussions

When: The 4th Thursday of each month from 9:00 to 10:00 AM

Location: Midvale Senior Center, 7550 S Main, Midvale

Classes are free but require a reservation. A reminder email is sent before each webinar to help you get to class more easily. Caregivers are unable to bring those they care for to class with them. Thank you for your understanding.

- Mar 26 Learning New Skills
- Apr 23 Caring for Others
- May 28 Calming Behaviors
- Jun 25 Working with Behaviors
- Jul 23 Improving Communications
- Aug 27 Applying for Assistance
- Sep 24 Identifying Abilities
- Oct 29 Getting Creative

Do you need help
signing up online?

Call Kathy at
385-468-3281

Sign up online at:

saltlakecounty.gov/aging-adult-services/calendar/



Salt Lake County Aging & Adult Services

2001 S State Street SI-600, Salt Lake City, Utah 84190

385-468-3280 | TTY 7-1-1 | saltlakecounty.gov/caregiver | @slcoaging