November 2026 Menu

SALT LAKE COUNTY
AGING & ADULT SERVICES

Delivery times are Monday – Friday
from 9:00 AM – 2:00 PM

If you have additional questions please call 385-468-3220

Suggested Donation: $3.50

To donate online, please visit http://slco.org/aging-adult-services/get-involved/ and click on the "Donate" button

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Chicken Fajita Bowl** Spanish Rice Black Beans Mandarin Oranges Fresh Bake Cookie	**3** **Cheese Omelet w/Ham & Cheese Sauce** Red Roasted Potatoes Broccoli w/Red Peppers & Onions Mixed Fruit	**4** **Turkey Pasta Bake** Capri Vegetables Mixed Green Salad Brussels Sprouts Heavenly Coconut Pudding	**5** **Beef & Bean Chili** Whole Wheat Roll Green Peas & Onions Whole Kernel Corn	**6** **Tuna Salad Sandwich** Coleslaw Three Bean Salad Strawberry Gelatin **(COLD MEAL)**
9 **Japanese Beef Curry** Brown Rice Mixed Cabbage Mandarin Oranges Fresh Baked Cookie	**10** **Meatloaf (Birthday Meal)** Whipped Potatoes w/Brown Gravy Stewed Tomatoes Green Beans Birthday Dessert	**11** **Chicken Breast w/Spinach Artichoke Sauce** Whole Grain Penne Pasta Italian Mixed Vegetables Tropical Fruit	**12** **Breaded Fish** Confetti Rice Corn w/Red Peppers & Onions Seasonal Fresh Fruit	**13** **Meatballs w/Marinara Mozzarella** Cheese & Penne Pasta Green Beans Mixed Green Salad Spiced Mixed Fruit
16 **Vegetarian Chili** Fresh Baked Cornbread Brussels Sprouts Mandarin Oranges Raspberry Gelatin	**17** **Turkey Dinner (Thanksgiving Meal)** Whipped Potatoes w/Gravy Bread Stuffing Dinner Roll Green Beans Cranberry Sauce Pumpkin Custard	**18** **Turkey Brunswick Stew** Whole Wheat Roll Green Beans Mixed Green Salad Spiced Peaches	**19** **Chicken Soft Tacos** Black Beans w/Red Peppers Shredded Cabbage & Tomatoes Shredded Cheese Spiced Pears	**20** **BBQ Pork Rib Patty** Whipped Potatoes Whole Kernel Corn Spiced Apples
23 **Meatballs w/Mushroom Gravy** Whole Grain Penne Pasta Stewed Tomatoes Tropical Fruit	**24** **Diced Chicken Tinga** Cilantro Brown Rice Black Beans w/Red Peppers Mixed Green Salad Seasonal Fresh Fruit	**25** **BBQ Pork Rib Patty Sandwich** Mixed Vegetables Canned Fruit Carnival Cookie	**26** **Happy Thanksgiving** **CLOSED FOR THE HOLIDAY**	**27** **Chicken a la King** Whipped Potatoes California Vegetables Pineapple Tidbits **MOW Frozen Meal Delivered on Wed Nov 25**
30 **Salisbury Steak** Buttermilk Whipped Potatoes w/Brown Gravy Peas & Carrots Seasonal Fresh Fruit				

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments