November 2026 Menu

SALT LAKE COUNTY
AGING & ADULT SERVICES

Lunch served from 11:30 AM – 1:30 PM

Draper: 385-468-3330 Kearns: 385-468-3100
Midvale: 385-468-3350 Millcreek: 385-468-3305

Suggested Donation: $4.00

To donate online, please visit https://slco.org/aging-adult-services/get-involved/ and click on the "Donate" button

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
Blackened Chicken Roasted Potatoes Steamed Vegetables Fruit Pudding	***Chicken or Cheese Enchiladas*** Brown Rice Pinto Beans Fruit	**Beef Stroganoff** Peas Fruit Gelatin	**Pork Chop w/Garlic Herb Sauce** Baked Sweet Potato Mixed Green Salad Whole Wheat Roll Fruit	**Meatballs** Mashed Potatoes w/Beef Gravy Steamed Vegetables Fruit Sherbet
9	**10**	**11**	**12**	**13**
BBQ Pulled Pork Sandwich Coleslaw Fruit Fresh Baked Cookie	**Meatloaf** Mashed Potatoes w/Beef Gravy Steamed Vegetables Fruit	**Veteran's Day** **Center Closed**	**Turkey Lasagna** Mixed Gren Salad Garlic Bread Fruit	**Pot Roast** Roasted Red Potatoes Steamed Carrots Fruit Ice Cream
16	**17**	**18**	**19**	**20**
Chicken Chow Mein Steamed Vegetables Fruit Pudding	**Panko Breaded Fish** Rice Pilaf Whole Wheat Roll Steamed Vegetables Fruit *See Holiday Meal Schedule on back	**Curry Chicken** Jasmine Rice Steamed Vegetables Fruit Gelatin *See Holiday meal Schedule on back	***Beef Fajitas*** Bell Peppers & Onions Fruit *See Holiday meal Schedule on back	***Chili Stuffed Baked Potato*** Steamed Broccoli Fruit Sherbet *See Holiday meal Schedule on back
23	**24**	**25**	**26**	**27**
Spaghetti w/Meat Sauce Garlic Bread Steamed Vegetables Fruit Fresh Baked Cookie	**Teriyaki Chicken** Brown Rice Steamed Vegetables Fruit	**Meatloaf** Mashed Potatoes w/Beef Gravy Steamed Vegetables Fruit Ice Cream	**Happy Thanksgiving** **Center Closed**	
30				
Beef Tacos Brown Rice Black Beans Mixed Green Salad Fruit Pudding	**Alternate Meals** Weeks 1 & 2 - Chef Salad or Beef & Bean Chili Weeks 3 & 4 - Chef Salad or Chicken Noodle Soup Week 5 - Chef Salad or Beef & Bean Chili ***Vegetarian options available***		Some items may be subject to change due to product availability All meals served with 8 oz milk and appropriate condiments Average calories per meal range from 666-733 calories	



THANKSGIVING MEAL

Menu

Roasted Turkey
Mashed Potatoes
Gravy
Stuffing
Steamed Corn, Carrots, & Green Beans
Cranberry Sauce
Dinner Roll
Pumpkin Pie & Whipped Cream

Dates

Tuesday, November 17
Millcreek Senior Centers

Wednesday, November 18
Draper Senior Center

Thursday, November 19
Kearns Senior Center

Friday, November 20
Midvale Senior Center

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