

Lunch served from 11:30 AM - 1:30 PM

Draper: 385-468-3330 Kearns: 386-468-3100 Midvale: 385-468-3350 Millcreek: 385-468-3305

Suggested Donation: \$4.00

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AGING & ADOLI SERVICES				
Monday	Tuesday	Wednesday	Thursday	Friday
		2	3	4
	Chicken Fajitas	Beef Stroganoff	Shrimp Stir Fry	Chicken Pot Pie
	Peppers & Onions Mixed Fruit	Peas Fresh Fruit Pudding	Jasmine Rice Fresh Fruit	Puff Pastry Mixed Green Salad Fresh Fruit Gelatin
7	8	9	10	11
Spaghetti w/Meat Sauce Garlic Bread Mixed Vegetables Mixed Fruit Pudding	Chicken Salad Sandwich (Pita) Macaroni Salad Mixed Green Salad Fresh Fruit	Panko Breaded Fish w/Lemon Caper Sauce Brown Rice Mixed Vegetables Mixed Fruit Sherbet	Meatloaf Mashed Potatoes w/Beef Gravy Mixed Vegetable Blend Fruit Cocktail	Chicken Breast w/ Cordon Bleu Sauce White Steamed Rice Green Bean Casserole Fresh Fruit Fresh Baked Cookie
14	15	16	17	18
Baked Fish w/ Roasted Tomatoes & Garlic Rice Pilaf Mixed Green Salad Fresh Fruit Ice Cream	Pot Roast w/Beef Gravy Roasted Red Potatoes Carrots Mixed Fruit	BBQ Pulled Pork Sandwich Coleslaw Fresh Fruit Pudding	Beef Tacos Brown Rice Black Beans Mixed Green Salad Fruit Cocktail	Ground Turkey Lasagna Mixed Green Salad Garlic Bread Fruit Cocktail Gelatin
21	22	23	24	25
Meatballs Mashed Potatoes w/Beef Gravy Mixed Green Salad Mixed Fruit Sherbet	Curry Chicken Jasmine Rice Steamed Vegetables Fresh Fruit	Pork Chop w/Garlic Herb Sauce Baked Potato Mixed Green Salad Whole Wheat Roll Fresh Fruit Fresh Baked Cookie	Meatloaf Mashed Potatoes w/Brown Gravy Steamed Vegetables Fresh Fruit	Baked Fish w/Dill Sauce Rice Pilaf Mixed Green Salad Applesauce Pudding
28	29	30		
BBQ Chicken Thigh Sandwich Mixed Green Salad Seasonal Fresh Fruit Fresh Baked Cookie	Chili Baked Potato Steamed Broccoli Fruit Cocktail	Panko Breaded Fish Rice Pilaf Steamed Vegetables Mixed Fruit Gelatin		

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments

Average calories per meal range from 666-733 calories