

Annual

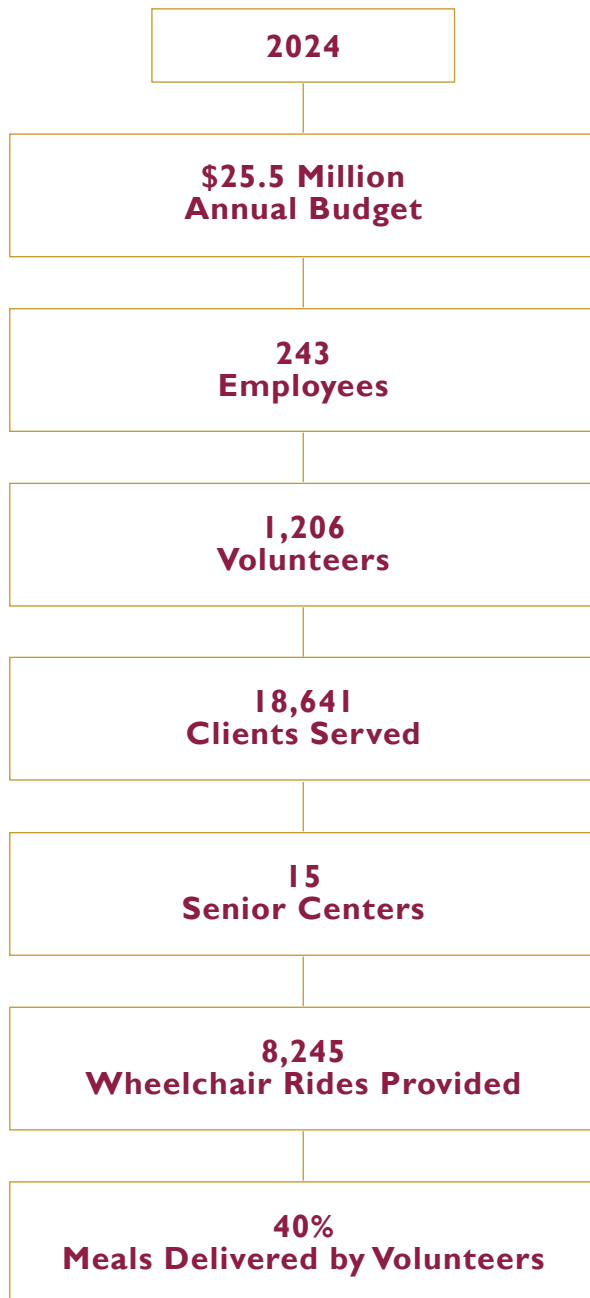
— 2024

*Promoting independence
through advocacy,
engagement, and
access to resources*

Report



Key Indicators



- ✓ 261,801 Meals Served at Senior Centers
- ✓ 11,645 Members of Salt Lake County Senior Centers
- ✓ 1,258 Older Adults Accessing Health Promotion and Education Classes
- ✓ 685 Participants in the Virtual Senior Center

21,045 Inbound Calls Answered

- ✓ 92,245 Volunteer Hours Donated
- ✓ Volunteer Hours in 2024 are Equivalent to 45 Additional Full-Time Employees
- ✓ 57 Clients Accessing Veteran-Directed Home and Community-Based Services
- ✓ 149 Ombudsman Cases Investigated

\$3.4 Million saved by Medicaid Aging Waiver

- ✓ 497 Clients Served with In-Home Services
- ✓ 199 Clients Receiving Caregiver Support
- ✓ 57 Clients Accessing Veteran-Directed Home and Community-Based Services
- ✓ 138 Clients Participating in The Alternatives Program



2,145 People in Evidence-Based Programs

495 Meals on Wheels Volunteers

- ✓ **392,303 Home-Delivered Meals Served**
- ✓ **2,923 Clients Receiving Home-Delivered Meals**
- ✓ **47,014 Rides Provided**
- ✓ **1,531 Participants in Rides for Wellness**



What We Do

Aging & Adult Services (AAS) is a division of the Salt Lake County Department of Human Services and a federally designated Area Agency on Aging (AAA). We offer a variety of services to meet the needs of older adults and those who care for them through our four major sections: Active Aging, Community Engagement, Independent Aging, and Supported Aging.

Active Aging includes 16 Senior Centers (15 brick & mortar and one virtual) and Health Promotion & Education programming. Active Aging programs offer highly beneficial opportunities for social interaction, civic engagement, evidence-based classes, and healthy lifestyles to older adults. Senior Centers are staffed and operated by Salt Lake County and are offered in communities across the county, often in partnership with municipal governments. Membership is free and open to adults ages 60 and over.

Community Engagement connects older adults with vital services and volunteer opportunities. The Outreach team answers calls, provides information and referrals, and conducts intakes for AAS. The Ombudsman program protects the rights of residents in long-term care facilities. Medicare Counseling helps older adults (or beneficiaries) understand their Medicare Options. Volunteer opportunities provide people of all ages the chance to make a difference in our community.

Independent Aging helps extend older adults' ability to age at home through transportation and nutrition services. Congregate Meal drivers deliver food to AAS' 15 Senior Centers daily. Meals on Wheels provides hot midday meals to vulnerable older adults who are homebound and in need of nutritional support. Rides for Wellness provides rides for older adults to critical medical appointments.

Supported Aging promotes choice for older adults and caregivers who wish to live independently. Eligibility-based programs provide case management and services such as adult day health, medical equipment, homemaking, and companionship. Caregiver Support offers free support groups and education to caregivers. Short term respite services and case management can be provided to eligible caregivers. Eligible Veterans can receive case management and self-directed services through the Veterans Direct Care program. Navigation programs assist older refugees, older adults experiencing homelessness, and wait-listed clients with application assistance, eviction prevention, and resources.



We are champions for
older adults; we stand with
seniors and their families.



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